

Mount Cook Adventure Centre - Activity Programme

Organisation Name: Shipston On Stour Primary School | **Number Of Groups:** 6 | **Nights:** 2 | **Arrival Date:** 13:00, 05 Mar 2025 | **Departure Date:** 12:30, 07 Mar 2025

Session	Time	Shipston On Stour Pr 1	Shipston On Stour Pr 2	Shipston On Stour Pr 3
Wednesday 05 Mar				
Wed	13:00 - 13:30	Arrive at Mount Cook - Welcome Talk and Lunch (Bring Own Packed Lunch)	Arrive at Mount Cook - Welcome Talk and Lunch (Bring Own Packed Lunch)	Arrive at Mount Cook - Welcome Talk and Lunch (Bring Own Packed Lunch)
Wed	13:30 - 13:45	Activity Brief	Activity Brief	Activity Brief
Wed	13:45 - 17:00	Archery & Onsite Orienteering	Archery & Onsite Orienteering	Low Ropes, Mini Zip & Problem Solving
Wed	17:00 - 18:00	Settle into Accommodation	Settle into Accommodation	Settle into Accommodation
Wed	18:00 - 18:30	Dinner	Dinner	Dinner
Wed	18:30 - 20:00	Campfire & Bush Craft - Woods (Evening)	Campfire & Bush Craft - Woods (Evening)	Campfire & Bush Craft - Woods (Evening)
Session	Time	Shipston On Stour Pr 1	Shipston On Stour Pr 2	Shipston On Stour Pr 3
Thursday 06 Mar				
Thu	08:00 - 08:30	Breakfast	Breakfast	Breakfast
Thu	09:00 - 12:15	Low Ropes, Mini Zip & Problem Solving	Low Ropes, Mini Zip & Problem Solving	Archery & Onsite Orienteering
Thu	12:45 - 13:15	Lunch	Lunch	Lunch
Thu	13:45 - 17:00	Onsite Rock Climbing & Abseiling	Onsite Rock Climbing & Abseiling	Zip Wire & Traverse Cube
Thu	18:00 - 18:30	Dinner	Dinner	Dinner
Thu	18:30 - 20:00	Team Challenges (Evening)	Team Challenges (Evening)	Team Challenges (Evening)
Session	Time	Shipston On Stour Pr 1	Shipston On Stour Pr 2	Shipston On Stour Pr 3
Friday 07 Mar				
Fri	08:00 - 08:30	Breakfast	Breakfast	Breakfast
Fri	08:30 - 09:00	Vacate rooms and return keys to reception.	Vacate rooms and return keys to reception.	Vacate rooms and return keys to reception.
Fri	09:00 - 12:15	Zip Wire & Traverse Cube	Zip Wire & Traverse Cube	Onsite Rock Climbing & Abseiling

Fri	12:15 - 12:30	Collect Packed Lunches & Depart Centre	Collect Packed Lunches & Depart Centre	Collect Packed Lunches & Depart Centre
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Our activities generally go ahead come rain or shine. If in the case that an activity is not able to run due to weather conditions, we will be sure to provide you with an alternative option.
Please note on some occasions it may be necessary to make changes to your schedule, if so we will contact you to discuss

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Session	Time	Shipston On Stour Pr 4	Shipston On Stour Pr 5	Shipston On Stour Pr 6
Wednesday 05 Mar				
Wed	13:00 - 13:30	Arrive at Mount Cook - Welcome Talk and Lunch (Bring Own Packed Lunch)	Arrive at Mount Cook - Welcome Talk and Lunch (Bring Own Packed Lunch)	Arrive at Mount Cook - Welcome Talk and Lunch (Bring Own Packed Lunch)
Wed	13:30 - 13:45	Activity Brief	Activity Brief	Activity Brief
Wed	13:45 - 17:00	Low Ropes, Mini Zip & Problem Solving	Onsite Rock Climbing & Abseiling	Onsite Rock Climbing & Abseiling
Wed	17:00 - 18:00	Settle into Accommodation	Settle into Accommodation	Settle into Accommodation
Wed	18:00 - 18:30	Dinner	Dinner	Dinner
Wed	18:30 - 20:00	Team Challenges (Evening)	Team Challenges (Evening)	Team Challenges (Evening)
Session	Time	Shipston On Stour Pr 4	Shipston On Stour Pr 5	Shipston On Stour Pr 6
Thursday 06 Mar				
Thu	08:00 - 08:30	Breakfast	Breakfast	Breakfast
Thu	09:00 - 12:15	Archery & Onsite Orienteering	Zip Wire & Traverse Cube	Zip Wire & Traverse Cube
Thu	12:45 - 13:15	Lunch	Lunch	Lunch
Thu	13:45 - 17:00	Zip Wire & Traverse Cube	Archery & Onsite Orienteering	Archery & Onsite Orienteering
Thu	18:00 - 18:30	Dinner	Dinner	Dinner
Thu	18:30 - 20:00	Campfire & Bush Craft - Woods (Evening)	Campfire & Bush Craft - Woods (Evening)	Campfire & Bush Craft - Woods (Evening)
Session	Time	Shipston On Stour Pr 4	Shipston On Stour Pr 5	Shipston On Stour Pr 6
Friday 07 Mar				
Fri	08:00 - 08:30	Breakfast	Breakfast	Breakfast
Fri	08:30 - 09:00	Vacate rooms and return keys to reception.	Vacate rooms and return keys to reception.	Vacate rooms and return keys to reception.
Fri	09:00 - 12:15	Onsite Rock Climbing & Abseiling	Low Ropes, Mini Zip & Problem Solving	Low Ropes, Mini Zip & Problem Solving

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