

Shipston Primary				
	Year 3	Year 4	Year 5	Year 6
Autumn 1	Handball <ul style="list-style-type: none"> • Use space effectively in games • Catch a ball passed by a teammate or partner • Use a variety of throwing techniques in games • Pass a ball to a partner or teammate • Use simple tactics as part of a team • <i>Self manage simple activities</i> • <i>Use game rules showing honesty and fairness</i> • <i>Make quick decisions when selecting appropriate actions</i> 	Handball <ul style="list-style-type: none"> • Create and use space in games • Catch a ball passed by a teammate in a game • Use a wider range of throwing techniques in games • Pass a ball accurately to a teammate in a game • Use tactics to benefit their team in a game • <i>Self manage simple activities</i> • <i>Use game rules showing honesty and fairness</i> • <i>Make quick decisions when selecting appropriate actions</i> 	Netball <ul style="list-style-type: none"> • Create and use space for self and others in games • Use a wide variety of throwing techniques while under pressure • Catch a ball under pressure • Attempt pass interceptions • Use attacking and defensive positioning • Understand game tactics and apply them appropriately • <i>Leadership skills</i> • <i>Effective communication</i> • <i>Compete within rules, use fair play when playing independently</i> • <i>Select and apply appropriate skills under pressure</i> • <i>Recognise and explain decisions in games</i> 	Netball <ul style="list-style-type: none"> • Create and use space for self and others under pressure • Use varied passing techniques to outwit opponents • Pass interception • Receive a ball from a teammate considering next move • Use of tactics, evaluation and adaptation • <i>Leadership skills</i> • <i>Effective communication</i> • <i>Compete within rules, use fair play when playing independently</i> • <i>Select and apply appropriate skills under pressure</i> • <i>Recognise and explain decisions in games</i>
Autumn 2	Net/wall games <ul style="list-style-type: none"> • Use space effectively in games • Change direction in games showing balance and control • Use a variety of throwing techniques in a game • Use tactics as part of a team • <i>Encourage and work with others</i> • <i>Use game rules showing honesty and fairness</i> • <i>Select from a wider range of actions for a task</i> 	Hockey <ul style="list-style-type: none"> • Create and use space in games • Change direction with a ball under control to gain advantage • Pass a ball accurately to a teammate in a game using equipment • Receive a pass using equipment from a teammate in a game • Link dribbling with other actions • Use tactics to benefit their team in a game • <i>Self manage simple activities</i> • <i>Use game rules showing honesty and fairness</i> • <i>Make quick decisions when selecting appropriate actions</i> 	Net/wall games <ul style="list-style-type: none"> • Change direction / dodge • Use different throwing techniques under pressure • Catch a ball under pressure • Use and adapt tactics • <i>Leadership skills</i> • <i>Communication skills</i> • <i>Use game rules and fair play working independently</i> 	Net/wall games <ul style="list-style-type: none"> • Change direction / dodge • Use different throwing techniques to outwit opponents • Intercept a ball thrown by an opponent • Create effective team tactics, use and adapt them • <i>Leadership skills</i> • <i>Clear, effective communication</i> • <i>Compete within game rules, fair play</i> • <i>Apply appropriate skills under pressure</i>

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Spring 1	Football <ul style="list-style-type: none"> • Use space effectively in game situations • Dribble a ball with feet and keep possession in a game situation • Pass a ball with some accuracy to a partner using a kick • Use simple tactics individually and as part of a team • <i>Self manage simple activities</i> • <i>Use game rules showing honesty and fairness</i> • <i>Make quick decisions when selecting appropriate actions</i> 	Dodgeball <ul style="list-style-type: none"> • Change direction / dodge • Throwing techniques • Catching in games • Throwing accuracy • Team tactics • <i>Encourage and work with others</i> • <i>Use game rules showing honesty and fairness</i> • <i>Select from a wider range of actions for a task</i> 	Quick sticks <ul style="list-style-type: none"> • Create and use space for self and others in games • Change direction using different techniques to gain advantage • Dribble for advantage in games when under pressure • Pass accurately to teammates under pressure • Receive a pass from a teammate under pressure • Attempt pass interceptions • Use attacking and defensive positioning • Understand game tactics and apply them appropriately • <i>Leadership skills</i> • <i>Effective communication</i> • <i>Compete within rules, use fair play when playing independently</i> • <i>Select and apply appropriate skills under pressure</i> • <i>Recognise and explain decisions in games</i> 	Quick sticks <ul style="list-style-type: none"> • Create and use space for self and others under pressure • Change direction to gain advantage under pressure • Use dribbling to change the pace of a game • Receive a ball from a teammate considering next move • Use varied passing techniques to outwit opponents • Pass interception • Use of tactics, evaluation and adaptation • <i>Leadership skills</i> • <i>Effective communication</i> • <i>Compete within rules, use fair play when playing independently</i> • <i>Select and apply appropriate skills under pressure</i> • <i>Recognise and explain decisions in games</i>
Spring 2	Tag rugby <ul style="list-style-type: none"> • Use space effectively in games • Change direction with control to evade opponents • Catch a ball passed by a teammate or partner • Pass a ball to a partner or teammate in keeping with game rules • Use simple tactics as part of a team • <i>Self manage simple activities</i> • <i>Use game rules showing honesty and fairness</i> • <i>Make quick decisions when selecting appropriate actions</i> 	Tag rugby <ul style="list-style-type: none"> • Create and use space in games • Change direction with control to gain advantage in games • Catch a ball passed by a teammate in a game • Use a wider range of throwing techniques in games • Pass a ball accurately to a teammate in a game • Use tactics to benefit their team in a game • <i>Self manage simple activities</i> • <i>Use game rules showing honesty and fairness</i> • <i>Make quick decisions when selecting appropriate actions</i> 	Tag rugby <ul style="list-style-type: none"> • Create and use space for self and others in games • Change direction under pressure to gain advantage • Catch a ball under pressure • Attempt pass interceptions • Use attacking and defensive positioning • Understand game tactics and apply them appropriately • <i>Leadership skills</i> • <i>Effective communication</i> • <i>Compete within rules, use fair play when playing independently</i> • <i>Select and apply appropriate skills under pressure</i> • <i>Recognise and explain decisions in games</i> 	Tag rugby <ul style="list-style-type: none"> • Create and use space for self and others under pressure • Confidently change direction (including fakes) to gain advantage in a game when under pressure • Use varied passing techniques to outwit opponents • Pass interception • Receive a ball from a teammate considering next move • Use of tactics, evaluation and adaptation • <i>Leadership skills</i> • <i>Effective communication</i> • <i>Compete within rules, use fair play when playing independently</i> • <i>Select and apply appropriate skills under pressure</i> • <i>Recognise and explain decisions in games</i>

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	Year 3	Year 4	Year 5	Year 6
Summer 1	Athletics <ul style="list-style-type: none"> Running technique, understand role of different body parts Run at different speeds at appropriate times Jumping technique for distance, understand how different body parts are used Link running and jumping Throwing technique with ball/howler <i>Encourage and motivate others</i> <i>Understand personal goals and work towards them</i> <i>Use key vocabulary in feedback</i> 	Athletics <ul style="list-style-type: none"> Adapt running style for different distances Articulate, at a basic level, an understanding of running technique Jumping technique linked with running Realistic target setting Throwing technique with ball/howler, articulate using correct vocabulary <i>Encourage and motivate others</i> <i>Understand personal goals and work towards them</i> <i>Use key vocabulary in feedback</i> 	Athletics <ul style="list-style-type: none"> Pace over longer distances Understand running technique, observe and comment Jumping technique - scissor kick for height, running long jump Throwing technique with ball/howler - whole body action with approach Realistic target setting <i>Understand maximum effort</i> <i>Show perseverance to achieve personal best performances</i> <i>Reflect on own performance</i> <i>Critically analyse others with empathy and use of appropriate vocabulary</i> 	Athletics <ul style="list-style-type: none"> Adapt pace to fit different situations, sustain performance over longer distances Perform relay baton changes at speed with correct technique Jumping technique - scissor kick for high jump, running long jump with or without hitch Throwing technique with ball/howler, understand technique, observe in others and offer feedback <i>Understand maximum effort</i> <i>Show perseverance to achieve personal best performances</i> <i>Reflect on own performance</i> <i>Critically analyse others with empathy and use of appropriate vocabulary</i>
Summer 2	Striking sports - rounders <ul style="list-style-type: none"> Run, stop, change direction Understand space in the context of fielding Use a range of throwing techniques Catch a ball with one or two hands Strike a ball with a bat using different techniques Use individual and team tactics <i>Work with others to self manage simple activities</i> <i>Use game rules with an awareness of honesty and fairness</i> <i>Make faster, more complex decisions when selecting actions</i> 	Striking sports - rounders <ul style="list-style-type: none"> Understand space in the context of fielding and use it effectively Bowl underarm with some accuracy Use a range of throwing techniques when fielding Catch a ball under pressure Strike a ball with a bat using different techniques Use tactics effectively to benefit their team <i>Work with others to self manage simple activities</i> <i>Use game rules with an awareness of honesty and fairness</i> <i>Make faster, more complex decisions when selecting actions</i> 	Striking sports - rounders <ul style="list-style-type: none"> Understand space in fielding and move to support teammates during game Bowl a ball underarm using correct technique with some accuracy Use a wider range of throwing techniques when fielding Catch a ball in a game and show some awareness of next move Strike a ball with a bat using a range of techniques showing good decision making about aiming Select and use appropriate tactics for each situation <i>Show leadership skills with awareness of inclusion for all</i> <i>Show clear, effective communication skills</i> <i>Compete within game rules, showing fair play when working independently</i> <i>Select and apply appropriate skills under pressure</i> <i>Recognise and explain decisions when playing games</i> 	Striking sports - rounders <ul style="list-style-type: none"> Understand space in fielding and change formation as appropriate to situation Accurately bowl a ball underarm using correct technique Use a wider range of throwing techniques when fielding Catch a ball in a game and show clear awareness of next move Strike a ball with a bat using a range of techniques, aiming accurately into an area which gives them an advantage in a game Work with others to develop tactics, then evaluate their effectiveness and adapt as necessary <i>Show leadership skills with awareness of inclusion for all</i> <i>Show clear, effective communication skills</i> <i>Compete within game rules, showing fair play when working independently</i> <i>Select and apply appropriate skills under pressure</i> <i>Recognise and explain decisions when playing games</i>