

## Suggested PSHE Long Term Plan - Shipston

|                       | Autumn 1                                                                                                                                     | Autumn 2                     | Spring 1                                                                                                                                                                                                                                                                                                | Spring 2                                                                               | Summer 1                                                                 | Summer 2                               |
|-----------------------|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------|
|                       | Behaviour Curriculum to be taught by all classes (refer to Behaviour Curriculum Policy)                                                      |                              |                                                                                                                                                                                                                                                                                                         |                                                                                        |                                                                          |                                        |
|                       | Explicit teaching of the full Shipston Primary Behaviour Curriculum content                                                                  | Ongoing revision of content  | Longer recap of Shipston Primary Behaviour Curriculum                                                                                                                                                                                                                                                   | Ongoing revision of content                                                            | Longer recap of Shipston Primary Behaviour Curriculum                    | Ongoing revision of content            |
| Reception and Nursery | PSED Curriculum<br>No Outsiders<br>British Values - Can we do the right thing?                                                               |                              |                                                                                                                                                                                                                                                                                                         |                                                                                        |                                                                          |                                        |
| Year 1                | <b>No Outsiders</b> Elmer Ten Little Pirates My Grandpa is amazing Max the Champion My world, your world<br>Mood meter and feelings (Thrive) |                              |                                                                                                                                                                                                                                                                                                         |                                                                                        |                                                                          |                                        |
|                       | <b>Mental Health and emotional well being</b><br>Feelings<br><br><b>British Values - What are rules?</b>                                     | <b>Protective Behaviours</b> | <b>Physical health and well being</b><br><br>What makes a good friend?<br>Oak academy<br><br><u>Unit: Healthy relationships: What makes a good friend?   KS1 RSHE (PSHE)   Oak National Academy</u>                                                                                                     | <b>Drug, alcohol and tobacco education</b><br>What do we put into and onto our bodies? | <b>Careers, financial capability and economic well being</b><br>My Money | <b>Relationships and Sex Education</b> |
| Year 2                | <b>No Outsiders</b> The Great big book of families The First Slodge The Odd egg Blown Away Just because<br>Mood meter and feelings (Thrive)  |                              |                                                                                                                                                                                                                                                                                                         |                                                                                        |                                                                          |                                        |
|                       | <b>Physical health and well being</b><br>What keeps me healthy?<br><br><b>British Values - What are laws?</b>                                | <b>Protective Behaviours</b> | <b>Careers, financial capability and economic well being</b><br><br>Andrew Moffat - Living in the wider world.<br><br><a href="https://drive.google.com/file/d/1o-eNagM66kVsbC1UCuKxGdcoREZK8i0/view?usp=sharing">https://drive.google.com/file/d/1o-eNagM66kVsbC1UCuKxGdcoREZK8i0/view?usp=sharing</a> | <b>Drug, alcohol and tobacco education</b><br>Medicines and Me                         | <b>Keeping safe and managing risk</b><br>Indoors and Outdoors            | <b>Relationships and Sex Education</b> |

|               |                                                                                                                                                                                     |                              |                                                                                                                                                                         |                                                                       |                                                                                                |                                        |
|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------|
| <b>Year 3</b> | <b>No Outsiders</b> Oliver Our House Two Monsters The Hueys in a new jumper Beegu<br>Mood meter and feelings (Thrive)                                                               |                              |                                                                                                                                                                         |                                                                       |                                                                                                |                                        |
|               | <b>Mental Health and emotional well being</b><br>Strengths and challenges<br><br><b>British Values - What does it mean to represent others?</b>                                     | <b>Protective Behaviours</b> | FRIENDS and WORKING TOGETHER<br><br>Kidscape materials<br>Twinkl Collaboration lesson                                                                                   | <b>Physical health and well being</b><br>What helps me choose?        | <b>Careers, financial capability and economic well being</b><br>Saving, spending and budgeting | <b>Relationships and Sex Education</b> |
| <b>Year 4</b> | <b>No Outsiders</b> Dogs don't do ballet King and king The way back home The Flower Red<br>Mood meter and feelings (Thrive)                                                         |                              |                                                                                                                                                                         |                                                                       |                                                                                                |                                        |
|               | <b>Identity, society and equality</b><br>Democracy<br><br><b>British Values - What is a government?</b>                                                                             | <b>Protective Behaviours</b> | <b>Careers, financial capability and economic well being</b><br><br><b>Nationwide Money Lessons Lower Key Stage 2</b><br><br><a href="#">Money Lessons   Nationwide</a> | <b>Physical health and well being</b><br>What is important to me?     | <b>Keeping safe and managing risk</b><br>Playing Safe                                          | <b>Relationships and Sex Education</b> |
| <b>Year 5</b> | <b>No Outsiders</b> Where the Poppies now grow Love you forever How to heal a broken wing The artist who painted a blue horse Tango makes three<br>Mood meter and feelings (Thrive) |                              |                                                                                                                                                                         |                                                                       |                                                                                                |                                        |
|               | <b>Physical health and well being</b><br>In the media<br><br><b>British Values - What is a Parliament?</b>                                                                          | <b>Protective Behaviours</b> | <b>Keeping safe and managing risk:</b><br>Making safer choices                                                                                                          | <b>Drug, alcohol and tobacco education</b><br>Different Influences    | <b>Careers, financial capability and economic well being</b><br>Borrowing and earning money    | <b>Relationships and Sex Education</b> |
| <b>Year 6</b> | <b>No Outsiders</b> My princess boy The Whisperer The Island Rose Blanche Dreams of forever<br>Mood meter and feelings (Thrive)                                                     |                              |                                                                                                                                                                         |                                                                       |                                                                                                |                                        |
|               | <b>Mental Health and emotional well being</b><br>Healthy Minds<br><br><b>British Values - What is democracy?</b>                                                                    | <b>Protective Behaviours</b> | <b>Careers, financial capability and economic well being</b><br><br><b>Nationwide Money Lessons Upper Key Stage 2</b><br><br><a href="#">Money Lessons   Nationwide</a> | <b>Keeping safe and managing risk</b><br>Keeping safe - out and about | <b>Drug, alcohol and tobacco education</b><br>Weighing up risk                                 | <b>Relationships and Sex Education</b> |

### Key Dates

Anti-bullying week - 10th-14th November      Children's Mental Health week - 9-15th February      Safer Internet Day - 10th February 2026